



# NUTRAFOL®

## Publication List

### 2021 Publications

---

Ablon G, Kogan, S. A Randomized, Double-Blind, Placebo-Controlled Study of a Nutraceutical Supplement for Promoting Hair Growth in Perimenopausal, Menopausal, and Postmenopausal Women With Thinning Hair. J Drugs Dermatol. 2021;20:55-61.

Click [here](#) to read the JDD article.

### 2020 Abstracts and Publications

---

Marshall T, Berkowitz S, Isabelle R, Kogan S. Evaluation of standardized nutraceuticals to improve hair growth in men and women of various ethnicities: A six month subjective single blinded prospective study. ASDS Virtual Annual Meeting; 2020, Oct 9-11.

Click [here](#) to read the abstract and e-poster.

Berkowitz S, Marshall T, Isabelle R, Kogan S. Evaluating the Efficacy of a Standardized Nutraceutical to Improve Hair Growth and Quality in Menopausal Women: A Nine Month Subjective Single-Blind Prospective Study. ASDS Virtual Annual Meeting; 2020, Oct 9-11.

Click [here](#) to read the abstract and e-poster.

Burgess C, Roberts W, Downie J, Kera, Kogan S, Belpulsi D. A Closer Look at a Multi-Targeted Approach to Hair Loss in African American Women. J Drugs Dermatol. 2020;19:95-98.

Click [here](#) to read the JDD article.

### 2019 Publications

---

Callendar V, Belpulsi D. Biotin Alone or a Science-Driven Nutraceutical Multi-Targeted Approach? J Drugs Dermatol. 2019;18:58-565.

Click [here](#) to read the JDD article.

Kogan S, Marshall T. Exploring the Connection Between Gut Health and Hair. Practical Dermatol. 2019;1-8.

Click [here](#) to read the Practical Dermatology article.

Mariwalla K, Kogan S, Marshall T. Nutrafol: A Redefined Approach To Thinning Hair. J Drugs Dermatol. 2019;18.

Click [here](#) to read the JDD article.



# NUTRAFOL<sup>®</sup>

## Publication List

### 2018 Publications

---

Ablon G, Kogan, S. A six-month, randomized, double-blind, placebo-controlled study evaluating the safety and efficacy of a nutraceutical supplement for promoting hair growth in women with self-perceived thinning hair. J Drugs Dermatol. 2018;17:558-565.

Click [here](#) to read the JDD article

### 2017 Publications

---

Sadick NS, Callender VD, Kircik LH, Kogan S. New insight into the pathophysiology of hair loss trigger a paradigm shift in the treatment approach. J Drugs Dermatol. 2017;16:135-140.

Click [here](#) to read the JDD article.

Farris PK, Rodgers N, McMichael A, Kogan S. A novel multi-targeting approach to treating hair loss, using standardized nutraceuticals. J Drugs Dermatol. 2017;16:141-148.

Click [here](#) to read the JDD article.